



eating  
made  
easy

**Study Hard, Eat Well**

MEAL PLAN GUIDE

2023-2024

[luc.campusdish.com](http://luc.campusdish.com)

**LOYOLA**  
UNIVERSITY CHICAGO

**DINING**  
SERVICES





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easy



# Choose Less Stress

College is a time of discovery. It's place to discover yourself, your passion, your friends, and your nutritional needs. Tackling what's best for your lifestyle and body doesn't have to be challenging. Loyola Dining provides a range of delicious and healthy options with meal plans that nourish your campus experience while creating an inclusive environment for all students.



## **ONLY THE BEST**

Fresh, sustainable, local, and authentic are just a few of the quality indicators you'll find served up every day in our chef-inspired, on-trend menus that always feature vegan, vegetarian, and plant-forward options.



## **TOOLS TO THRIVE**

Our team of culinary and nutrition experts are dedicated to delivering well-balanced nutrition, specialized diet options, and complete menu transparency—because you have enough to worry about.



## **ALL FOR YOU**

Your satisfaction is our highest priority. Through creating a student-focused culture personalized with special events, tastings, themed menus, and cooking demos, we foster a connected campus community.



## Ace Your Appetite

Your convenience is our command. College can be demanding, so your meal plan should be effortless and on your schedule.

### **ALL-YOU-CARE-TO-EAT**

Your appetite will meet its match at our dining halls - Damen Dining Hall, Simpson Dining Hall, & deNobili Dining Hall. These locations serve only the best in variety and value, ranging from comfort foods and plant-forward favorites to international cuisine and original creations.

### **SUSTENANCE ON YOUR SCHEDULE:**

- Online menus enable you to plan your meal, get location hours, and view nutritional information prior to dining.
- Late-night hours ensure you can get the fuel you need to tackle tomorrow's challenges available in deNobili Dining Hall.

### **ON-THE-GO**

We know the struggle of balancing academics, extracurriculars, and a social life, all while getting a good meal. That's why we offer dining locations and national brands known for quality and speed of service, including Burgers + Fries, Zen Sushi, and Good Day.

Loyola Dining Services boasts convenience stores with freshly made grab-and-go options, coffee, snacks, and anything else you might need.

Dining location information and hours of service are available at [luc.campusdish.com](https://luc.campusdish.com)

# More to Explore

The benefits of our meal plans go beyond the obvious stability, quality, and value provided. As part of our campus family, we continuously look for new ways to ensure you live your best life—because your college years are meant to be unforgettable.



## **SPECIAL EVENTS**

From celebrating national food days to hosting seasonal gatherings, our monthly calendar is always bursting with student-focused events meant to bring the community together in ways that are educational, nutritional, and most importantly—fun!



## **SUSTAINABILITY**

We constantly seek methods to minimize our environmental impact on campus and create opportunities for students to join in our sustainability efforts in ways that are informative, resume-building, and fun.



## **NUTRITION**

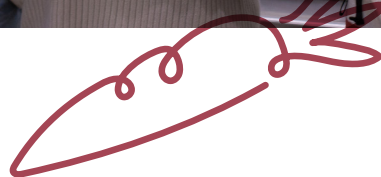
Our chefs and registered dietitian are trained and eager to assist with any dietary restrictions or concerns each student may have. Follow @Dine\_Loyola on Instagram and TikTok to catch monthly nutrition events and tips. We pride ourselves on offering a robust variety of options and resources as well as complete menu transparency to best meet every need.



## **LOCAL PARTNERSHIPS**

We celebrate and showcase the local community by bringing authentic, local dining options and products to campus through restaurant partnerships, guest chefs, farmers markets, and more.

# Know Your Perks



## **MEAL SWIPES**

Meal Swipes are used to get into the all-you-care-to-eat dining halls and come with all meal plans. Once you've selected the perfect meal plan, your student ID becomes your meal swipe pass—because less cards equal less stress.



## **MEAL EXCHANGE**

A feature of every meal plan, Meal Exchanges can be used to purchase meals at Lu's Deli and Nina's Cafe in the Water Tower Campus, adding even greater flexibility and convenience.



## **DINING DOLLARS**

Dining Dollars are included with your meal plan to be used at all locations! They are only redeemable at on-campus locations. Dining Dollars roll over between semesters but be sure to use all of your dining dollars by the end of the year!

# RESIDENT MEAL PLANS

MEAL PLAN	AVG. MEALS PER WEEK	DINING DOLLARS	AVG. COST PER MEAL	PRICE PER SEMESTER
All Access 5 with \$250 Dining Dollars	15+	250	\$11.14	\$2,925 + TAX
All Access 5 with \$350 Dining Dollars	15+	350	\$11.14	\$3,025 + TAX
All Access 7 with \$100 Dining Dollars	21+	100	\$8.65	\$3,005 + TAX
All Access 7 with \$200 Dining Dollars	21+	200	\$8.65	\$3,105 + TAX

# COMMUTER MEAL PLANS

MEAL PLAN	AVG. MEALS PER WEEK	DINING DOLLARS	AVG. COST PER MEAL	PRICE PER SEMESTER
\$550 Dining Dollars	-	550	-	\$550 + TAX
\$1,000 Dining Dollars	-	1,000	-	\$1,000 + TAX
30 Swipes with \$300 Dining Dollars	2	300	\$9.00	\$600 + TAX
100 Swipes with \$500 Dining Dollars	6	500	\$9.00	\$1,400 + TAX

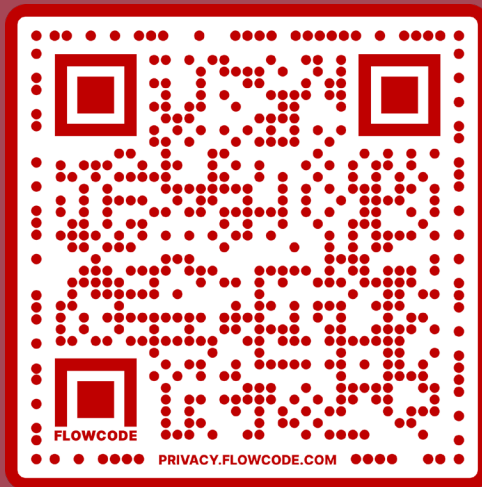
For terms and conditions, go to [luc.campusdish.com](http://luc.campusdish.com)

Contact Loyola Dining at [luc-dining@aramark.com](mailto:luc-dining@aramark.com) and see policies for potential meal plan change costs.



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Scan Here for a Map  
of Campus Dining Locations



SIGN UP FOR A MEAL PLAN TODAY AT [LUC.CAMPUSDISH.COM](https://luc.campusdish.com)

**CONNECT WITH US**



@Dine\_Loyola